

# Andreas Kappes

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## CONTACT INFORMATION

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## RESEARCH INTEREST

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My research focuses on the interplay of controlled and automatic processes, especially on how controlled processes shape automatic ones, and how their interplay brings about behavior. In one line of research, for instance, I examine how the integration of obstacles into one's thinking about the future impacts implicit cognitions, and how these cognitions then guide goal pursuit. In another line of research, I study how controlled processes can shape automatic affective responses in moral judgments.

## APPOINTMENTS

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Since March 2011	Post-doctoral student, New York University, funded by the German Science Foundation (DFG)
2009 to 2010	Vertretungsprofessur (equivalent to temporary Assistant Professor), Department of Psychology, University of Hamburg

## EDUCATION

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2009	Ph.D., Psychology, University of Hamburg, Germany (summa cum laude)
2006	Diplom Psychology (equivalent to M.A.), Free University of Berlin

2002                                      Zwischenprüfung Psychology (equivalent to B.A.), Free University of Berlin

## **AWARDS & SCHOLARSHIPS**

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04/2008 – 04/2009    Dissertation Scholarship, University of Hamburg  
10/2008 – 12/2008    Travel Scholarship to visit New York University, University of Hamburg  
05/08                      Travel Scholarship to attend the conferences of the Society for the Study of Motivation (SSM) and the Association for Psychological Science (APS) in Chicago, University of Hamburg  
2008                        Teaching Award of the Department of Psychology, University of Hamburg: Best Seminar

## **PUBLICATIONS**

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**Kappes, A. &**, Oettingen, G. & Pak, H, (2012). Mental contrasting and the self-regulation of responding to negative feedback. *Personality and Social Psychology Bulletin*. 38, 845-857.

**Kappes, A.**, Singmann, H., & Oettingen, G., (2012). Mental contrasting instigates goal-pursuit by linking obstacles of reality with instrumental behavior. *Journal of Experimental Social Psychology*, 48, 811-818.

Oettingen, G., & **Kappes, A.** (2009). Mental contrasting of the future and reality to master negative feedback. In K. Markman, B. Klein & J. Suhr (Eds.), *The Handbook of Imagination and Mental Simulation*. Hove, GB: Psychology Press

### **Manuscripts under review / revision**

**Kappes, A.**, & Oettingen, G. (invited revision). The emergence of goal commitment: Mental contrasting connects future and reality. *Journal of Personality and Social Psychology*.

**Kappes, A.**, Wendt, M., Reinelt, T., & Oettingen, G. (under review) Mental contrasting effects on the identification of obstacles. *Journal of Experimental Social Psychology*

Kappes, H. B., **Kappes, A.**, & Oettingen, G. (invited revision). When attainment is all in your head. *Social Cognition*.

**Kappes, A.,** Wittleder, S., Oettingen, G., Gollwitzer, P., & Morgenstern, J. (under review) J. Boosting commitments to reduce drinking in College students. *Addictive Behaviors*

**Kappes, A.,** Wittleder, S., Oettingen, G., Gollwitzer, P., & Morgenstern., J. (under review) Boosting self-regulation to reduce drinking in College students. *Psychology of Addictive Behaviors*

**Kappes, A.** & Schikowski, A. L. (invited revision). Implicit theories about emotions shape responses to negative affect. *Cognition and Emotion*

### **Manuscripts in preparation**

**Kappes, A.** & van Bavel, J. Not everthing is written in stone: *How controlled processes shape moral judgments.*

**Kappes, A.,** Wittleder, S., Oettingen, G., Reinelt,T., Hebbelmann, D., & Wendt, M.. *Conflict adaptation promotes conquests in daily life*

### **CONFERENCE PRESENTATIONS**

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Melnikoff, D., **Kappes, A.,** & Oettingen, G., (2012). Mental contrasting facilitates the processing of negative feedback during goal pursuit. *Poster for the Conference of the Society of Personality and Social Psychology, San Diego.*

Wittleder, S., **Kappes, A.,** Oettingen, G., Gollwitzer, P., & Morgenstern., J. (2012). Mental contrasting with implementation intentions (MCII) as a behavior change intervention to reduce drinking in College students. *Poster for the Conference of the Society of Personality and Social Psychology, San Diego.*

**Kappes, A.,** & Oettingen, G. (2009). How does mental contrasting promote goal attainment? Testing the underlying mental representations. *Poster for the Conference of the Society of Personality and Social Psychology, Tampa, FL.*

Singmann, H., **Kappes, A.,** & Oettingen, G. (2009). Mental contrasting produces associations critical for goal-striving. *Poster for the Conference of the Association for Psychological Science, San Francisco.*

Albert, J., Singmann, H., Merkt, J., Schweikert, P., **Kappes, A.,** Köhler,H., Gawrilow, C., & Wendt, M. (2009). Social facilitation in flanker tasks. *Poster for the Conference of the Association for Psychological Science, San Francisco.*

Merkt, J., Albert, J., Singmann, H., **Kappes, A.**, Gawrilow, C., & Wendt, M. (2009). Reduced Interference of Distractor Stimuli in Female Undergraduates with ADHD. *Poster for the Conference of the Association for Psychological Science, San Francisco.*

Singman, H., Albert, J., Merkt, J., Schweikert, S., **Kappes, A.** Köhler, H., Gawrilow, C., & Wendt, M. (2009). Soziale Erleichterung in der Flankierungsaufgabe (Social facilitation in the flanker task). *Poster for the Conference of the Association of Experimental Psychology, Jena, Germany.*

**Kappes, A.**, Singmann, H. & Oettingen, G. (2008). Processes of Mental Contrasting: Linking Future with Reality. *Poster for the Conference of the Association for Psychological Science, Chicago.*

**Kappes, A.**, Singmann, H. & Oettingen, G. (2008): Mental Contrasting Effects on Goal Commitment Mediated by Perceptual Change of Reality. *Poster for the Conference of the Society for Studying Motivation, Chicago.*

**Kappes, A.** & Leipold, B. (2006). Die Beziehung zwischen kognitiver Komplexität, Bewältigungsressourcen und subjektivem Wohlbefinden (The relationship between cognitive complexity and subjective well-being). *Poster for the Conference of the German Psychology Association, Nürnberg, Germany.*

Leipold, B., **Kappes, A.** & Joop, D. (2005). Der Einfluss von Ressourcen auf das Selbstkonzept (Impact of resources on the self-concept). *Poster for the Conference of the Association of Differential Psychology, Personality Psychology, and Diagnostic, Marburg, Germany.*

## TEACHING EXPERIENCE

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Instructor, Physiological Foundations of Motivation, University of Hamburg, 2010

Instructor, Research Methods, University of Hamburg, 2010

Instructor, Motivation and Learning (Advanced), University of Hamburg, 2010

Instructor, Motivation and Emotion (Lecture), University of Hamburg, 2009

Instructor, Motivation and Emotion (Seminar), University of Hamburg, 2009

Instructor, Introduction to educational psychology (Lecture), University of Hamburg, 2009

Instructor, The new unconsciousness, University of Hamburg, 2007/ 2008 / 2009

Instructor, Goals and behavior: A cognitive perspective, University of Hamburg, 2009

Instructor, Attention, University of Hamburg, 2007